



HIGH HESKET C of E SCHOOL (VC)

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Thursday 8th December 2022

Dear Parents & Carers,

Not long to go! The end of term is fast approaching and Christmas is nearly here! It was wonderful to see such a fantastic turn out at our Christmas Fair and I would like to extend a huge thank you to everyone who supported the event. I would also like to congratulate the children who are currently taking part in our recent Christmas performances and I am sure everyone is beginning to feel the festive spirit!

Congratulations Miss Ghorst!

I am delighted to announce that Miss Ghorst, one of our Key Stage 2 Teaching Assistants, has had a beautiful baby boy! Her son, Henry, was born on Saturday 3rd December and I am sure you will join me in wishing them a wonderful first Christmas as a family!

Guitar lessons next year

From January, Mr Wilkinson will now be teaching his guitar lessons on Wednesdays instead of Thursdays. The first lessons of the new year will take place on the first day of term, **Wednesday 4th January 2022**.

Cool Milk Scheme

A reminder that, if you wish your child to have milk in school, you will need to register with the Cool Milk providers. You should have already received information on how to do so but please contact Mrs McCullough if you need further details or require any help.

Update on Strep A / Scarlet Fever

As you may have seen, there are currently updates being provided in the media about cases of Scarlet Fever and Strep A. For information advice about the symptoms, the NHS website is a useful place to visit and more information can be found at <https://www.nhs.uk/conditions/scarlet-fever/>. I am also sending out a parent's guide to Strep A from the UK Health Security Agency.

Advice from the UK Health Security Agency states:

Scarlet fever is usually a mild illness, but it is highly infectious. Therefore, look out for symptoms in your child, which include a sore throat, headache, and fever, along with a fine, pinkish or red body rash with a sandpapery feel. On darker skin the rash can be more difficult to detect visually but will have a sandpapery feel. Contact NHS 111 or your GP if you suspect your child has scarlet fever, because early treatment of scarlet fever with antibiotics is important to reduce the risk of complications such as pneumonia or a bloodstream infection. If your child has scarlet fever, keep them at home until at least 24 hours after the start of antibiotic treatment to avoid spreading the infection to others. Scarlet fever is caused by bacteria called group A streptococci. These bacteria also cause other respiratory and skin infections such as Strep throat and impetigo.

There are lots of viruses that cause sore throats, colds and coughs circulating. These should resolve without medical intervention. However, children can on occasion develop a bacterial infection on top of a virus and that can make them more unwell.

As a parent, if you feel that your child seems seriously unwell, you should trust your own judgement. Contact NHS 111 if or your GP if:

- *your child is getting worse*
- *your child is feeding or eating much less than normal*
- *your child has had a dry nappy for 12 hours or more or shows other [signs of dehydration](#)*
- *your baby is under 3 months and has a temperature of 38C, or is older than 3 months and has a temperature of 39C or higher*
- *your baby feels hotter than usual when you touch their back or chest, or feels sweaty*



- *your child is very tired or irritable*

Call 999 or go to A&E if:

- *your child is having difficulty breathing – you may notice grunting noises or their tummy sucking under their ribs*
- *there are pauses when your child breathes*
- *your child's skin, tongue or lips are blue*
- *your child is floppy and will not wake up or stay awake.*

Dates for diary:

Thursday 8th December 2022 – Nursery / Reception Nativity performance at 9.30am

Thursday 8th December 2022 – Year 1/2 performance at 2pm

Friday 9th December 2022 - Year 3/4 performance at 2pm

Tuesday 13th December 2022 – Christmas lunch and parties (non-uniform)

Thursday 15th December 2022 – Reception and Year 1 trip to the Sands Centre Pantomime (morning)

Monday 19th December 2022 – Year 2-6 trip to Theatre by the Lake performance (morning)

Tuesday 20th December 2022 – Carol Service at St Mary's Church, High Hesket at 1.30pm (Reserved seating for Year 5 parents) and Christmas Jumper Day.

Tuesday 20th December 2022 – Toy day

Tuesday 20th December 2022 – Last day of term (normal finish time – no After School Club)

Wednesday 4th January 2023 – School reopens for the Spring term

Wednesday 4th January 2023 – Guitar lessons restart

Yours sincerely,

Mrs A Harvey
Headteacher