



High Heskett CE Primary School Primary PE and Sport Premium 2022-2023

Key achievements to date: <ul style="list-style-type: none"> • Range of extra curricular clubs available for children for a variety of ages • Successful 'Wellbeing Week' embedded into the curriculum to promote health and wellbeing including physical activity • Development of wider skills e.g. nutrition skills, cycling safety for a range of ages • Successful participation in a range of sporting events 		Areas for focus: <ul style="list-style-type: none"> • To continue to develop extra-curricular club provision • To continue to increase participation in tournaments and events, ensuring a wider range of children able to attend • Continuing to embed opportunities to promote health and activity amongst pupils and families 		
What percentage of the current Year 6 cohort swims competently, confidently and proficiently over a distance of at least 25 metres?			83%	
What percentage of the current Year 6 cohort uses a range of strokes effectively?			83%	
What percentage of the current Year 6 cohort perform safe self-rescue in water-based situations?			83%	
Has the school used the premium to provide additional provision for swimming over and above the national curriculum requirement?			Yes	
Did you carry forward an underspend from 2022-2023 academic year into the current academic year?		No		
ACTION PLAN & BUDGET TRACKING 2022-2023:			Total fund allocated: £17,350.29	
Key indicator 1: The engagement of all pupils in regular physical activity			Percentage of total allocation: 38%	
Intent	Implementation		Impact	Sustainability and suggested next steps:
To raise attainment in primary school swimming to meet requirements of the national curriculum by providing catch up sessions as required.	Catch up swimming sessions for identified children.	£4140	% of children in Y6 able to complete the end of KS2 expectations has increased from previous year.	First year of swimming at new Better Leisure swimming pools – continue to monitor provision.

To embed physical activity into the school day through developing skills that encourage active travel to and from school.	Cycling proficiency sessions organised for Year 6 pupils. 'Pedal and Scoot' cycling lessons for Reception.	£540	Majority of children leaving school in Year 6 able to ride a bicycle safely on the roads.	Continue to encourage cycling / active ways of traveling. Continuing involvement in Walk to School scheme
To offer range of sports within our extra-curricular clubs for all year groups.	Running club (Y3-6) CUFC Football club (Y1-6) Netball club (Y4-6) Outdoor adventure club (Rec-Y2) Cricket club (Y5-6) Tri-golf (Y3-4)	£1056	Increase in % of children participating in extracurricular sporting clubs	Continue to develop extra-curricular club provision for next academic year – use school council to identify preferred sports.
To encourage active playtimes	Provision of a range of playtime resources that promote active play.	£745	Children are remaining active during playtimes in accordance with recommendations that children have a minimum of 30 minutes being active each day.	Continue to monitor, review and renew playtime equipment.
Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation: 1%
Intent	Implementation		Impact	Sustainability and suggested next steps:
To raise profile of PESSPA through Wellbeing Week, including strategies for both healthy body and mind.	Provision of time for Wellbeing Leads to plan & disseminate information relating to Wellbeing Week Release time provided to attend CPD and for organisation of whole school activities in order to raise profile of PESSPA. Whole school Wellbeing Week and Sports Day (June 2023) – parents welcome to attend and information disseminated. Information about healthy lifestyles shared through EYFS information.	£200	Children understanding importance of health and wellbeing in everyday life. Continued parental awareness of physical / mental health activities and how this is included in curriculum.	To continue to utilise Wellbeing Week within the curriculum as a way to disseminate information to parents – consider inviting a nutritionist in to deliver a session.

	Purchase of 'Bottled' text and accompanying resources to act as focus for Wellbeing week			
Engagement with Cluster Young Leaders program to train youth ambassadors to support children throughout school.	2 x Y5 children attended Young Leaders training at Rosley School. Children have planned and delivered PE sessions to younger year groups.	£18	Increase in children's self confidence and engagement.	Continue with involvement for next academic year.
Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation: 48%
Intent	Implementation		Impact	Sustainability and suggested next steps:
To further develop staff knowledge and skills by working alongside trained coaches in order to share practice.	Regular timetabled sessions for all year groups with external professional coaches . Class teachers to observe and develop own subject knowledge through sharing of practice etc. Coaching focus on: <ul style="list-style-type: none"> • Gymnastics (at Richard Rose Morton Academy gym) • Tennis (GLL) • Multi skills (CUFC) • Athletics (GLL) • Multi Skills (54 Degrees Sport) • Cricket (Fraser Conn) • Tag Rugby (GLL) 	£8339	Teacher confidence increased and opportunities to disseminate information / support to other staff provided.	Staff to apply new subject knowledge in to future planning. Audit current knowledge and plan next set of sessions to address any gaps.
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation: 3%
Intent	Implementation		Impact	Sustainability and suggested

				next steps:
<p>To continue to provide opportunities for children to engage in a wide variety of sporting activities.</p> <p>To provide opportunities for children to engage in adventurous and outdoor activity beyond the requirements of the NC.</p>	<p>Whole school 'Wellbeing Week' including a range of different physical activities:</p> <ul style="list-style-type: none"> • Cricket coaching • Multi skills coaching • Woggle Goggle swimming sessions • Circuit training • CUFC athletics • Gymnastics • CUFC Dance session • Tennis • Netball <p>Tri Kidz whole school triathlon event held.</p> <p>EYFS visit to Forest Schools session at 'Branch Out'</p> <p>Year 6 wheelchair basketball sessions held.</p> <p>Year 5 residential to Derwent Hill</p> <p>Year 3 & 4 problem solving day on school grounds</p>	£590	<p>Children have opportunity to engage with a wider range of sports and activities.</p> <p>Children encountering wide range of 'taster activities' and seeking to pursue these further if interested.</p> <p>Increase in children's confidence and skills / knowledge.</p>	To continue to embed activities into next academic year and further develop range of available activities.
Key indicator 5: Increased participation in competitive sport				Percentage of total allocation: 10%
Intent	Implementation		Impact	Sustainability and suggested next steps:
To continue to provide opportunities for coordinating and entering a range of sport competitions or tournaments across the local area, including those run by sporting organisations	<p>These include:</p> <ul style="list-style-type: none"> • Year 6 participation in U Dance Festival including performance at the Sands Centre • Year 4 Sports Hall athletics competition at Harraby 3G • Year 3 -6 cross country event at 	£1722	<p>Increased involvement in competitive opportunities across a range of year groups.</p> <p>Achievement of a range of notable results including:</p> <ul style="list-style-type: none"> • KS2 Hunter Hall Cross 	Continue engagement next year. To explore opportunities for more KS1 events.

	<p>Sheepmount</p> <ul style="list-style-type: none"> • Year 4 -6 Cross country trials at Sedbergh • Year 6 girls football 7 a side tournament at Harraby 3G • Year 5-6 Cross country national competition • Year 3 & 4 football tournament • Year 6 swimming gala • Year 6 small schools football 7 a side tournament at Harraby 3G • Year 3 & 4 tennis tournament at Chatsworth Tennis • Year 3 & 4 football area final • Year 6 mixed football festival at Brunton Park • Year 6 small schools cricket competition at Lanercost <p>Involvement in CUFC community ticket scheme to enable children to experience watching competitive sport at a professional level.</p>		<p>County Championships – 1 child through to National event (placed second for Cumbrian boys)</p> <ul style="list-style-type: none"> • Y3&4 Boys football 7 a side – first place 	
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