



High Hesket CE School
Opportunities for Personal Development
2023-2024

Democracy and rule of law	Helping others and fundraising
<p>School council Captains and Vice Captains Year 6 visit to the Courts Playground buddies Collective Worship themes</p>	<p>Children in Need Comic Relief British Legion Poppy Appeal Whole School Remembrance Service at St Mary's Church Bright Stars Enterprise Project Visit from Wyeknot Donkey Sanctuary</p>
Healthy lifestyle and sporting success	Community involvement
<p>Wellbeing week (golf, dance, cricket, outdoor learning, nutrition, yoga, cheerleading, archery, multi skills, fitness) Sports Day TriKidz triathlon workshops Y1-6 Reception 'pedal and scoot' sessions Y4 & Y6 Bikeability Swimming lessons Y3-6 Participation in #Letgirlsplay event Year 5 & 6 girls 7 a side football tournament Year 3 & 4 girls football tournament Year 5 & 6 7 a side football tournament at Harraby 3G Year 4 7 a side football tournament Sports Hall athletics tournament x 3 Year 3-6 Cross Country trials at Sheepmount CUFC coaching Cross county finals at Hunter Hall Cross Country Nationals Eden Rock climbing competition Year 6 Keswick Mountain Festival duathlon Cluster rounders tournament at Penruddock Cluster cricket competition at Calthwaite Gymnastics sessions at Richard Rose Morton Academy U Dance performance at the Sands Centre</p>	<p>Reverend Houston Collective Worship sessions NISCU Collective Worship sessions St Mary's Church poppy display Christmas plays Harvest festival and Harvest lunch Year 6 Leaver's Play Carol Service PTA Christmas Fair PTA Easter Bingo World Book Day Bonanza EYFS stay and play sessions for parents Reading meeting for parents Facebook Parent survey Text messages / letters Year 6 Leaver's service at Carlisle Cathedral Year 6 Leaver's service at St Mary's Church Tesco Stronger Starts Fundraising Mother's Union fundraising Scholastic Book Fair Wildlife garden tidy up Carlisle Cathedral Outreach Program performances St Mary's Church services held in school hall Y1-6 Movie Night Ice Cream Fridays</p>
Cultural awareness, tolerance and diversity	Safety and safeguarding
<p>Link with Mrawi Primary School Year 2 video link with John from Tanzania Fair Achiever School Fairtrade chocolate hunt International Schools Award</p>	<p>Safer Internet Day activities Y5&6 Cumbria Police online safety workshops Cumbria Police parent online safety workshop Nurture group Year 5 & 6 RSE sessions with school nurse</p>

Wheelchair Basketball sessions Anti-Bullying Week activities	Year 6 Cycle Wise cycling safety sessions
Extra curricula clubs	Preparing for wider life
Chess club (Y4-6) Running club (Y3-6) Sewing club (Y2) Netball club (Y4-6) CUFC football club (Y1-6) Revision club (Y6) Book Club (Y3-6) Cricket Club (Y5-6) Science Club (Y3-6) Sports Games club (Y1-2)	Bright Stars Enterprise Project Lego League Pop up shop Edinburgh Residential Robinwood Residential Y4 sleepover Y3 & Y4 problem solving evening School librarians Transition sessions and whole school 'moving up' day
Curriculum enhancement	
Curriculum	Outdoor Classroom Days Whole School Project Days
English	World Book Day Bonanza Reception & Y1 trip to Penrith Cinema Year 2-6 trip to Theatre by the Lake Termly library van visits Year 2 trip to Beatrix Potter World
Maths	Year 6 Maths Caldew Challenge Day Maths Cluster challenge day Year 6 maths session with Geoff Faux
Science	Chick hatching in EYFS Butterfly hatching in EYFS EYFS 'Bees in the trees' workshop EYFS participation in Big Birdwatch Whole School Project Day 'Our Wonderful World' Y4 online STEM in Space workshop Y1 & Y5 visit to Life Centre, Newcastle
Computing	Year 5 & 6 Cumbria Police online safety workshops Safer Internet Day Whole School Project Day 'Our Wonderful World' Year 6 online Lego STEM workshop
Art & Design	Year 5 printing workshop Year 6 visit to Carlisle Street Art trail
Design and Technology	Year 4 trip to Pizza Express
Music	Carlisle Cathedral outreach programme
History	Year 1 pirate themed day Year 2 trip to Devil's Porridge Museum Year 2 Tullie House "We will remember them" workshop Year 3 Stone Age cooking session in High Hopes

	<p>Year 3 trip to Keswick Museum and Castle Rigg Stone Circle</p> <p>Year 3 trip to Roman Army Museum and Vindolanda</p> <p>Year 3 visit from local resident</p> <p>Year 4 visit to St Mary's Church cenotaph</p> <p>Year 6 residential to Edinburgh</p>
Geography	<p>EYFS visit to Beeches Farm</p> <p>Year 2 local area walk</p> <p>Year 4 trip to Whinlatter</p>
PE	<p>Year 5 residential to Robinwood</p> <p>U Dance</p> <p>Swimming lessons Y3-6</p> <p>Gymnastics sessions at Richard Rose Morton Academy (Y1-6)</p> <p>TriKidz triathlon sessions (Y1-6)</p> <p>Wellbeing Week</p> <p>Y4 & Y6 Bikeability</p> <p>Reception pedal and scoot sessions</p> <p>Range of sports coaches (tennis, CUFC, cricket, rugby)</p>
PSHE	<p>EYFS visit from nurse</p> <p>EYFS & Y1 visit from police officer</p> <p>Year 6 visit to Carlisle Magistrates Court</p> <p>RSE School Nurse sessions</p>
MFL	Y3 French picnic
RE	<p>Year 2 visit to St Mary's Church</p> <p>Reverend Houston RE session with Y6</p> <p>NISCU Year 6 Leaver's workshop</p> <p>EYFS participation in Eid Storytime and draw along</p> <p>Year 3 Easter session with PCC</p> <p>NISCU puppet performance</p>