



HIGH HESKET C of E SCHOOL (VC)

High Hesket, CARLISLE, Cumbria CA4 0HU TEL: 016974 73386

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Wednesday 15th January 2020

Dear Parents,

As I am sure you can appreciate, the winter months are the time when we see an increase in the number of illnesses and stomach bugs that circulate within school. Due to the nature of the school environment, these illnesses can spread easily and we do ask for your support in adhering to the 48-hour rule if children have had an episode of sickness or diarrhoea. In making sure 48 hours pass from the last episode before returning to school, this enables us to limit the impact on other children, their families and the staff.

Thank you for your understanding.

Yours sincerely,

Mrs A Harvey