



## HIGH HESKET C of E SCHOOL (VC)

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Wednesday 24<sup>th</sup> March 2021

Dear Parents,

### RELATIONSHIPS AND SEX EDUCATION (RSE) UPDATE

As you may already be aware, the content of Relationships and Sex Education (RSE), along with Health Education, in primary schools has been revised and the amended curriculum is now part of the statutory National Curriculum from Summer 2021. As part of our school's wider Personal, Social and Health Education programme we have been busy planning lessons which meet these new statutory requirements and we will begin teaching these lessons during the Summer term. The new guidance focuses on healthy relationships and keeping children safe in modern Britain. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values to have safe, fulfilling relationships and help them take responsibility for their own wellbeing.

The government publications and information relating to the new statutory requirements can be found using the first link below. There is also a guide for parents, and FAQ's document produced by the Department for Education which you may find useful.

[Relationships Education, Relationships and Sex Education \(RSE\) and Health Education](#)

[Understanding Relationships and Health Education in your child's primary school: a guide for parents](#)

[FAQ's: Relationships Education, RSE and Health Education](#)

As part of implementing the RSE curriculum, we would like to share our RSE policy and curriculum content with parents, staff and governors. The Relationships and Sex Education Policy will be uploaded to the school's website which will also set out the proposed curriculum. This can be found by clicking on the Information page and then following the link to the school policies. The policy will be draft format until Monday 19<sup>th</sup> April, at which point it will be adopted by the school in full. If you have any queries or feedback, you are welcome to get in touch with school prior to the finalisation date.

Yours sincerely,

Miss J Blenkharn  
Personal, Social, Health Education Subject Leader