



High Heskett CE Primary School Primary PE and Sport Premium 2020-2021

Key achievements to date: <ul style="list-style-type: none"> Continuation of physical activities for children to access throughout partial school closures Development of wellbeing and fitness activities during partial school closures and as part of face to face teaching Participation in virtual cross-country event with successful results (1st place for Y1/2 girls and Y3/4 boys, 2nd place for Y1/2 boys and Y3/4 girls and 3rd place for Y5/6 girls) Regular opportunities to engage with sports coaches throughout the year Introduction of a whole school 'fitness week' to provide a range of physical activities (including dance, drama and sport) Year 6 activity week including a wide range of outdoor and adventurous activities Regular Forest School sessions 		Areas for focus: <ul style="list-style-type: none"> Development of opportunities for physical activity / wellbeing sessions during periods of remote learning Provision of a range of physical activity and to ensure the continuation of this following periods of partial school closure Continuing opportunities for outdoor & adventurous activity despite COVID restrictions Ensuring regular access to physical activity whilst adhering to COVID risk assessments 		
What percentage of the current Year 6 cohort swims competently, confidently and proficiently over a distance of at least 25 metres?		100%		
What percentage of the current Year 6 cohort uses a range of strokes effectively?		100%		
What percentage of the current Year 6 cohort perform safe self-rescue in water-based situations?		96%		
Has the school used the premium to provide additional provision for swimming over and above the national curriculum requirement?		Yes		
Did you carry forward an underspend from 2019-2020 academic year into the current academic year?		Yes – see details below Total amount carried forward = £10,255		
Intent	Implementation	Impact	Sustainability	
To continue to provide opportunities for physical activity and wellbeing exercises during periods of school closure / remote learning.	Creation of 'wellbeing bags' delivered to every home containing resources and activity ideas (skipping ropes, balls, yoga cards etc) during partial school closures. Introduction and embedding of 'Wellbeing	Carry over funding allocated: £1130	Increase in children's physical activity and reduction in 'screen time' activities during periods of remote learning / key worker provision. Continue to utilise wellbeing / physical activity menu if remote learning is required. Introduction of wellbeing days at appropriate intervals throughout term rather than	

	<p>Wednesday' during partial school closures and provision of PE activities in school for those children attending key worker provision.</p> <p>Purchase of appropriate resources that encourage physical activity and healthy minds. Menu of activities generated and resourced. Continuation of 'Wellbeing Wednesday' following full school reopening.</p> <p>Introduction and administration on online platform to provide regular physical activity sessions for children engaging in remote learning / key worker provision.</p>		Children engaging regularly in activities that promote 'healthy minds' in order to generate a positive approach towards regular physical activity.	weekly session. To be adapted as needs arise.
Development of grounds to allow for areas to allow multiple groups to engage in physical activity due to COVID 'bubble' restrictions	Development of surfaced areas around school for multiple bubbles to engage in physical activities whilst complying with COVID risk assessments.	£1200	Regular physical activity taking place for multiple year groups.	Continue to utilise areas of COVID restrictions remain. If restrictions ease, develop use of areas for opportunities for small group / competitive opportunities.
To further develop staff knowledge and skills in promoting healthy bodies and minds through participation in CDEC program.	Involvement in CDEC materials including whole school training. Implementation of two whole school focus weeks (Afloat & Hummingbird) to enable staff to put strategies and new resources into practice.	£600	CDEC resources utilised in classes and positive impact on children's wellbeing and physical health.	Consider implementation of additional CDEC strategies in next academic year.
Regular Forest Schools sessions timetabled as part of curriculum.	Staffing and resourcing of Forest School sessions and development of FS area to allow regular use.	£7325	Forest schools sessions continuing to improved resilience, determination and perseverance.	Continue to develop further in next academic year.

ACTION PLAN & BUDGET TRACKING 2020-2021:				Total fund allocated: £17,580
Key indicator 1: The engagement of all pupils in regular physical activity				Percentage of total allocation: 16%
Intent	Implementation		Impact	Sustainability and suggested next steps:
Increased sports & PE resources to enable provision of regular physical activities.	Purchase of sports equipment to enhance physical activity provision. Inspection of sports equipment / facilities to ensure compliance with Health & Safety instructions.	£2814	Children in all year groups engaging in regular physical activity. Easy and regular access to relevant resources required for regular physical activity.	Review and audit resources at end of academic year and purchase replacements if necessary.
Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation: 18%
Intent	Implementation		Impact	Sustainability and suggested next steps:
To raise profile of PESSPA through specific 'focus weeks' (e.g. fitness week, outdoor classroom day etc.), including promotion of physical and mental health with parents. Involvement in Healthy Families Cumbria and purchase of Health Family Resources.	Participation in CPD for PE & Sport Subject Leaders including engagement with PE cluster sessions run by Active Cumbria. Release time provided to attend CPD and for organisation of whole school activities (Forest Schools, Outdoor Classroom Day, Fitness week etc) in order to raise profile of PESSPA. Involvement in Healthy Families Cumbria and purchase of Healthy Family resources. Staffing and release time to complete PANCo coordinator qualification.	£3112	Staff involved with the teaching of PE/Sport Increase in timetable opportunities to engage in whole school focus activities designed to increase provision of physical activity. Increase in parental awareness of physical / mental health activities. PE Subject Leader gained PANCo qualification and disseminated information to staff.	Continuation of current Subject Leader in role to allow for embedding of strategies and subject knowledge. Further communication with parents and regular inclusion of focus weeks on timetable.

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport			Percentage of total allocation: 20%
Intent	Implementation	Impact	Sustainability and suggested next steps:
To further develop staff knowledge and skills by working alongside trained coaches in order to share practice.	Regular timetabled sessions for all year groups with external professional coaches (CUFC, Cricket, Tennis etc). Class teachers to observe and develop own subject knowledge through sharing of practice etc.	£3482	Subject Leader confidence increased and opportunities to disseminate information / support to other staff provided.
			Staff to apply new subject knowledge in to future planning. Audit current knowledge and plan next set of sessions to address any gaps.
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils			Percentage of total allocation: 17%
Intent	Implementation	Impact	Sustainability and suggested next steps:
<p>To continue to provide opportunities for children to engage in a wide variety of sporting activities.</p> <p>To provide catch up sessions for those children who require in identified sports.</p> <p>To provide opportunities for children to engage in adventurous and outdoor activity beyond the requirements of the NC.</p>	<p>Catch up swimming sessions provided for Year 6 children at Carlisle Pools.</p> <p>Activity week for Year 6 children organised to include a variety of outdoor and adventurous activities (canoeing, mountain biking, hiking, orienteering etc.)</p> <p>Wheelchair basketball sessions for Key Stage 2 classes.</p> <p>Cycling proficiency sessions organised for Year 6 pupils.</p> <p>Whole school 'fitness week' including a range of different physical activities (dance, multi skills, tennis, CUFC, pyjama drama etc).</p>	<p>£3010</p> <p>Children have opportunity to engage with a wider range of sports and activities.</p> <p>Increase in children's confidence and skills / knowledge.</p>	<p>COVID restrictions impacted on the number of children / sessions able to take place. To increase involvement for all children.</p>

Key indicator 5: Increased participation in competitive sport			Percentage of total allocation: 0%
Intent	Implementation		Impact
			Sustainability and suggested next steps:
To provide opportunities for children to participate in a wide range of competitive sport opportunities.	Planned involvement in school tournaments and games. These include: <ul style="list-style-type: none"> • Football • Cross Country • Rounders • Tennis • Triathlon • Cross Country Release time for staff to organise / attend events plus arrangement of transport requirements.	£0	Increased involvement in competitive opportunities across a range of year groups. <i>Due to COVID restrictions, competitive sport opportunities have been more limited. This will remain a focus for next year.</i> Involvement in competitions to be reintroduced in Autumn term following relaxation of COVID restrictions.

Underspend recorded for 2020-2021 academic year: £5162

Focus areas for 2021-2022:

- Increase involvement in competitive sport following relaxation of COVID restrictions
- Continuation of the development of Forest School sessions
- Embedding of 'fitness/sport' week and other focus opportunities
- Increase in provision of extracurricular clubs following relaxation of COVID restrictions