



# HIGH HESKET C of E SCHOOL (VC)

## PSHE Vocabulary List

<b>Key Stage 1</b>		
<b>Health and Wellbeing</b>	<b>Relationships</b>	<b>Living in the wider world</b>
healthy eating	emotions/feelings	rules
exercise	facial expressions	expectations
muscles	gestures	taking turns
healthy lifestyle	fact/opinion	borrowing/lending
hygiene	kindness/unkindness	needs/wants
germs	bullying	money
health	fair/unfair	spend/save
well-being	friend – good friend/bad friend	bank
young/old	negotiation	earn
consequence	co-operate	budget
goals/aspirations	right/wrong	enterprise
safe/unsafe	generous	community – school community/local community
harmful/not harmful	anti-bullying	belonging
medicine	family	trust
secret	peace-loving	positive/negative
boy/girl	manners – good manners/bad manners	share
internet/online	negative behaviour	care
respect	considered behaviour	
changing/growing	positive impact	
similar/different	name calling	

responsible/irresponsible	teasing	
<b>Lower Key Stage 2</b>		
<b>Health and Wellbeing</b>	<b>Relationships</b>	<b>Living in the wider world</b>
physical health	communication	responsibilities
emotional health	listening – good listener	learning – learning experience
mental health	problem/solution	visual
reaction/overreaction	response	auditory
self-respect	connections	kinaesthetic
first aid	family set up/family unit	behaviour
paramedic	diversity	discrimination
emergency call	boundaries	stereotype
physical activity	debate	misconception
balanced diet	viewpoint	money management
strength/weakness	collaboration	currencies
empathise	shared goal	
death	working relationship	
mementos/memories	advantages/disadvantages	
e-safety	self-worth/self-esteem	
privacy	persistence	
digital footprint	resilience	
social media/social networking	negative persistent behaviour	
puberty		
<b>Upper Key Stage 2</b>		
<b>Health and Wellbeing</b>	<b>Relationships</b>	<b>Living in the wider world</b>
physical wellbeing	confidential	structure
emotional wellbeing	personal information	anarchy
mental wellbeing	communicating digitally	sovereignty
personal hygiene	collaborative community	democracy

hormones	community spirit	dictatorship
endorphins	developing country	monarchy
healthy choices	wealthy country	government
diagnosis	segregation	rights – equal rights
physical illness	race	budget
healthy mind/mentally well	ethnicity	financial planning
injection/vaccine/immunisation	equality/inequality	price
overeating	mental illness/mental ill health	interest
overweight	self-harm	discounts
achievement	suicidal behaviour	VAT
traits – physical, personality	cyberbullying	consumer - consumer sense
potential	gender	income
separation	gender stereotype	charity
divorce	cultural identity	
remembrance	physical contact	
conflict	appropriate/inappropriate	
drugs	virtual world/real world	
illegal	promise	
alcoholic/non-alcoholic drinks	oath	
Smoking/cigarette/tobacco	vow	
Volatile Substance Abuse (VSA)	agreement	
fake news	marriage	
	Religious and civil marriage ceremonies	
	civil partnership	
	respectful relationship	
	anonymous	
	trolling	