









HIGH HESKET C of E SCHOOL (VC) High Hesket, CARLISLE, Cumbria CA4 OHU TEL: 016974 73386 Head teacher: Mrs A Harvey Email: <u>head@high-hesket.cumbria.sch.uk</u> Website: <u>www.high-hesket.cumbria.sch.uk</u>

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Dear Parents,

Information relating to internet safety and social media

As I am sure you are aware, we are living in an ever-evolving digital world and the internet now plays a huge part in children's educational and social experiences. The National Curriculum includes specific learning opportunities relating to how we teach children to stay safe online and we always ensure we mark Internet Safety Day with additional lessons and activities.

Internet applications and social media platforms are regularly changing and it can be tricky to keep up to date with the current trends. The social media platform 'Tik Tok' has become very popular amongst children and I thought it would be advisable to attach some useful parental guidance from the National Online Safety website (<u>nationalonlinesafety.com/</u>) which is a great source of up to date information for both schools and parents.

It is advisable to note that the age restriction for 'Tik Tok' is 13 years old and that, in addition to this, the age guidance for 'What's App' has recently been increased to age 16 and above and we would strongly recommend that you consider these carefully when allowing your child access to these applications.

If you would like any further advice or guidance, please do not hesitate to get in touch.

Yours sincerely,

Mrs A Harvey